

The Recreation Program

There are various possibilities where recreation can be developed as rehabilitation medium. Typical examples here include youth camps, team-building exercises or social sporting events. Â Youth@HEART was involved in youth leaders development at annual camps of the Student Christian Association (SCA), the Apostolic Faith Mission (AFM); the Church of the Nazarene; the Dutch Reformed Church and the Reform Church in Africa. Â We are currently looking for individuals with this vision at heart, to champion the further development of the Recreation department of Youth@Heart.